

RITUALS

Ametis Healing 120 min 1,280

This treatment is created to bring tranquility and enhance physic powers, by combining relaxing massage, Reiki treatment to heal ailments to balance negative and positive aspect in the body. Amethyst rock is placed on third eye chakra during Reiki session to enhance the impact of Reiki, as well as helping in the development of many aspects of individual personality and makes the person powerful from within by igniting his self healing mechanism.

Relaxing massage 150 min 1,180

This massage has been created to ignite the senses and begins with a gentle foot bath to pamper one of the most neglected parts of the body. A traditional body massage follows by using a combination of long finger strokes and palm pressure to relieve the effects of a modern lifestyle and evoke a deep relaxation. Concluding with a refreshing fruit bath and healthy serve of orange tea will enliven your senses.

Rejuvenation Sensation 180 min 1,450

Rejuvenation sensation is the ultimate spa experience that leaves the skin with a vibrant glow. It begins with a traditional massage therapy and continues with a body scrub using a natural blend of orange and aloe vera to gently exfoliate and eliminate impurities. A nourishing orange mask is then applied to the entire body prior to a luxurious soak in an orange infused bath. A refreshing serve of fruit salad and herbal drink brings this exotic ritual to an end.

Refreshing Green Tea 180 min 1,450

This signature treatment nurtures the body through the use of green tea, which as an ingredient is revered for its extraordinary healing properties by various South East Asian cultures. The ritual commences with a traditional massage, body scrub and mask where green tea that is rich in anti-oxidants penetrates the skin leaving it soft and supple. Finally a leisurely soak in a tea infused warm bath invites overall relaxation.

Traditional Bliss 180 min 1,450

Drawing inspiration from the traditional Balinese remedy of boreh that is used by rural farmers to warm the body and relive muscular pain, this ritual gives insight into the island's unique healing heritage. The treatment involves a relaxing body massage and invigorating boreh scrub made from indigenous herbs and spices. Then continues to a body mask for cooling down. A long soak in a coconut bath to calm the body and restore depleted energy levels is a balancing conclusion to the treatment..

MASSAGE

Balinese Massage	60 min	780
	90 min	950
	120 min	1,100

This deeply relaxing massage based on the traditional Balinese philosophy is at the heart of Balinese healing, which will return your body and mind to center.

Deep Tissue Massage	90 min	1,050
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This massage focuses on the muscles located below the surface of the top muscles, recommended after heavy physical activity (such as athletes) and when you feel the need for a strong massage. Therapist will deliver with forearm, thumb sliding, knuckling.

Ruby Energizing Massage (Acupressure Massage)	90 min	1,050
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This epic full body massage uses acupressure and meridian points to get the circulation moving freely, and includes generous amounts of incredibly soothing lower back, head and neck massage which will allow you to feel completely grounded in your own being.

Foot Reflexology	60 min	780
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Ruby's foot reflexology is created for reducing tension, increasing relaxation and stimulating the body's natural healing potential. Stretching on neck, shoulder, and ankle, then followed by gentle and firm pressure onto foot reflex points and opens energy blockages along these pathways, which brings natural balance back into the body.

Tension Massage	45 min	700
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This massage using elbow and thumb slide technique aims to release the tension on your upper body such as back, shoulder, neck and head caused by the digital nomad lifestyle.

BEAUTY RITUAL

Natural Glow Facial	60 min	850
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This facial using fruits, nuts and vegetables prepared fresh to enhance the transfer of its properties and energy will leave your skin natural, healthy and glowing. Gentle massage and facial mask to revive and nourish your skin is recommended for both men and women.

Spa Manicure or Pedicure	60 min	550
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Soak, push-back cuticles, salt & candle nuts scrub, hand massage, shape and polish using O.P.I

BATH RITUALS

Fruits Bath	30 min	475
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Blend the bathing with other treatment to conclude the journey to relaxation, available in Ruby spa or in your own villa. Kaffir lime leaf, Orange, Cucumber with bubbles

PRIVATE SESSION WITH MASTER

Bali is bountiful with incredible healer and masters who work deeply on your mind, body and consciousness. These practitioners are passionate about their craft and have spent years self-training to cultivate their modalities. At Ruby Spa, private session with international spiritual teacher, Sri Guru Labdhawara Kusuma is available. 24-hour advance booking is required.

3 Hours Retreats	180 min	1 person 4,450	2 people 5,800
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This is the complete healing ritual with spiritual teacher, Sri Guru. Choose from Hasta Siddhi Therapeutic Healing Massage or Sarira Kriya Yoga, followed by consultation with Guru and Soul Blessing. Please see below for details of each treatment.

Note: When you book retreat for 2 people, total duration become four hours, as each Hastasidi Massage will be treated individually.

Hasta Siddhi Therapeutic Healing Massage	60 min
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It is a holistic developed Massage therapy by integrating the utilization of Pranic healing energy with some massages techniques like deep or soft tissue massage and meridians massage. The session will harmonize and transform the body's energy processes, this invisible bio-energy or vital energy keeps the body alive and maintains a state of good health.

Sarira Kriya Yoga	60 min
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Sarira Kriya Yoga is the essence of all yoga technique in order to achieve the final goal in Yoga, foremost exponent of yoga which consists of body discipline, mental control, and meditation.

Consultation

60 min

You will be guided by Guru, how you can improve the negative parts of your physical body and mind.

Soul Blessing

60 min

Through the guidance of Guru, know the true self, and connect with the higher self through soul blessing. Guru will awaken the Atman, true self, to erase the form of darkness such as laziness, greediness, selfishness, anger, sadness, etc, then bring calm, peaceful, happy, tolerant and wise, created by the nature of Atman within yourself.

[Click here to discover more](#)

Spa Etiquette

Products Ruby is passionate about the use of natural ingredients in all of its body and beauty products. Each individual ingredient has been carefully chosen for its soothing qualities and ability to help maintain an equilibrium that seems to be an essential key to good health. Locally sourced herbs and spices have been used for centuries throughout the Indonesian archipelago to heal and preserve beauty both inside and out. **ruby** has developed an exclusive facility that invites patrons to experience the enriching rituals that are based on Bali's unique and precious properties.

Treatment Hours Massage treatments are available from 10:00am – 09:00 pm daily.

Reservation Minimum of 1 hour advance booking is required (Private session with master requires 1 day advance booking).

Pre-Arrival Information Please try to arrive at ruby spa at least 15 minutes prior to your scheduled appointment so that you can relax and enjoy the full benefits of your treatment. It is advised to avoid sunbathing, heavy eating and consuming alcohol prior to arriving at ruby spa as this may reduce the pleasure of your spa experience.

Online Counseling sheet Please complete your online counseling sheet prior to your treatment, available at [here](#)

Cancellation Policy Should you need to change or cancel your massage booking, please do so at least 8 hours in advance to allow us to re-schedule your appointment. Please note that re-scheduling is subject to availability. Any cancellation received less than 8 hours in advance for the respective treatments or programs will incur a 100% charge of total service reserved.

Refund Treatments and memberships to ruby are non-refundable, not-transferable and non-exchangeable, unless otherwise stated.

Health Considerations Before considering undertaking any spa treatment, please consult your health practitioner if you have any medical condition such as high blood pressure, a heart condition or any other serious medical complication. You will be asked to complete a health questionnaire. Please advise our therapist or receptionist if you have any health issues or concerns.

Valuables Jewelry and valuables may be placed in secured drawers in your villa. However, we recommend that no jewelry should be worn to the spa. The management accepts no responsibility for the loss of money or valuables brought to the spa.

Accident/ Injury ruby will not be liable for any accident or injury suffered on premises by any member or guest.

Gift Certificates ruby gift certificates are available. Please ask our receptionist how to arrange a special treatment for a friend or loved one.